

Research project

**TECH USE DISORDERS:**  
Clinical study in Europe

## PRACTICAL INFORMATION

Catholic University of Louvain (UCL)  
Belgium

### Voluntary participation



✉ : [techusedisorders@uclouvain.be](mailto:techusedisorders@uclouvain.be)

 <http://uclep.be/participate/tech-use-disorders-projet-europeen-european-project/>

#### Coordinators:

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(Université Catholique de Louvain ; Belgium)

#### Collaborators:

- ψ Lucia Romo, Yannick Morvan, Laurence Kern, Pierre Taquet et Gayatri Kotbagi (Université Paris Ouest Nanterre la Défense ; France)
- ψ Pierluigi Graziani (Université de Nimes Aix - Marseille ; France)
- ψ Amélie Rousseau (Université de Lille III ; France))
- ψ Vega González et Juanjo Santamaría ("Atención e Investigación de Socioadicciones"; Espagne)
- ψ Phillippe de Timary (Hospital Saint-Luc; Belgium)



Un hôpital pour la Vie



*We wish to explore, within Europe, if there are problems of excessive technology uses in people who have sought clinical help like you.  
Thank you!*



#### ***AIM OF THE PROJECT:***

*We invite you to participate in a research project funded by the European Commission which aims to evaluate the use of Information Technology and Communication (ICT) of adults in Europe.*

*To participate in this study, you must: (1) have sought clinical help, (2) be aged at least 18 years old (be an adult), and (3) speak and write English.*

#### ***TASKS REQUESTED:***

*Participation involves answering a short online survey assessing your ICT usage patterns (e.g., "Internet "). Some questions relate to the excessive use of ICT; the completion of the questionnaire **can take around 15 minutes.***

#### ***ANONYMOUS AND PRIVACY:***

*Your answers will be transmitted encoded and anonymously. The results will be used only for scientific purposes. This study meets the ethical standards for research involving human participants, within the Faculty of Psychology and Educational Sciences from UCL, EDS UPOND and AIS. This project received the approval of the Ethics Committee of the centers.*

*Access to the  
short online survey :*

***goo.gl/NJWoSj***

***or***



***Thank you !***